

Leg	Waypoint Description	Distance (km)	Accumulative (km)	Features	Comments / Directions	4kmph	Sweep ETA	12kmph	Early ETA
1	Half Start (Florence Falls Car Park)	0.0	0.0	SUPPORT	Start at Florence Falls Car Park. Follow the formed path to Florence Falls, you will descend via the stairs.	7:30		7:30	
1.1	Florence Link Track (Entry from Florence loop walk)	0.9	0.9	TURN RIGHT	Turn right at Link track (just before bridge). Follow the <b>BLUE arrows / Pink Flagging</b> . Look for <b>red arrows / crosses on white background as a guide at all junctions</b> .	0:12	7:42 AM	0:05	7:35 AM
1.2	Table Top Circuit (Entry from Florence Link Walk)	0.8	1.7	TURN LEFT	Turn Left on Table Top Circuit - Follow <b>blue markers and Pink Flagging</b> tape.	0:14	7:56 AM	0:06	7:41 AM
1.3	Half Support Stop 1 (Fire Trail South)	6.6	8.3	SUPPORT	Fire Trail junction. Proceed straight across fire trail when leaving the checkpoint. Ensure you have been checked / recorded by the marshal. Follow the <b>blue markers and Pink Flagging</b> tape	1:44	9:40 AM	0:42	8:23 AM
2.1	Green Ant Creek Junction	9.2	17.5	STRAIGHT AHEAD	Continue straight ahead, following <b>blue arrows and pink flagging tape</b> .	2:20	12:00 PM	0:47	9:10 AM
2.2	Wangi Link Walk (EXIT from Table top Circuit)	1.2	18.7	TURN LEFT	Exit table top circuit by turning left, following the <b>ORANGE</b> arrows out on Wangi Link track.	0:15	12:15 PM	0:06	9:16 AM
2.3	Wangi Falls Loop (EXIT from Wangi Link Track)	1.2	19.8	TURN RIGHT	Turn <b>RIGHT</b> onto formed path (Wangi Loop walk) and proceed downhill following flagging and arrows to start / finish point.	0:16	12:31 PM	0:05	9:21 AM
2.4	FINISH	1.2	21.0		<b>Please ensure that you DO NOT leave the marshalling area until you have personally signed in with the Marshalls as having completed the run.</b>	0:13	12:44 PM	0:04	9:25 AM

NOTE: Look for **red arrows / crosses** on white background as an additional guide at track junctions.

These are subject to tampering by others so if in doubt verify your course with other markings, flagging tape and your map before heading off.

**Arrow ->** indicates the event course, **CROSS X** indicates DO NOT proceed this way for the event.

Estimated arrival times have been calculated at speed PLUS 1 minute per 10 meters ascent.

## Route: Tabletop Half Marathon

### Summary

Route Distance: 19.8 km  
Total Ascent: 202 m

Estimated Time: 5:16  
Total Descent: 215 m



### Elevation Profile

